

shanti  yoga

14 NIGHTS/ 15 DAYS

TIMELESS NORTH INDIA

PALACES, PILGRIMAGE & THE HIMALAYAS





A hand is shown in the lower-left corner, holding a large, glowing orange sphere. The background is a soft, warm sunset with a bright sun low on the horizon, creating a gradient of orange and yellow light. The overall mood is serene and spiritual.

OVERVIEW

This 15-day journey through North India brings together the region's most iconic landmarks and its deepest spiritual traditions. Begin in Delhi with its layered Mughal and colonial history before moving to Jaipur's royal palaces and the architectural brilliance of Agra's Taj Mahal at sunrise. Continue to Varanasi, where life unfolds along the sacred Ganges in ancient rituals and evening aartis, offering a powerful cultural and spiritual experience. The journey concludes in Rishikesh, set along the foothills of the Himalayas, with time for reflection, yoga, and immersion in India's living spiritual heritage. It is a well-balanced program that blends history, architecture, faith, and quiet moments by the river.

ROUTE & MAP



DATE	CITY	HOTEL	ROOM CATEGORY	GETTING THERE	MEALS
10 NOV'26, TUE	ARRIVE DELHI	THE SURYA	RUN OF THE HOUSE	FLIGHT TO DELHI (TBA)	NO MEALS
11 NOV'26, WED	IN DELHI			-	B
12 NOV'26, THU	DELHI – JAIPUR	THE HILTON	GUEST ROOM	DRIVE FROM DELHI TO JAIPUR (280 KMS, 6 HRS)	B
13 NOV'26, FRI	IN JAIPUR			-	B
14 NOV'26, SAT	JAIPUR – AGRA	TAJ, AGRA	DELUXE ROOM	DRIVE FROM JAIPUR TO AGRA (240 KMS, 7 HRS)	B
15 NOV'26, SUN	IN AGRA			-	B
16 NOV'26, MON	AGRA – VARANASI	TAJ GANGES	SUPERIOR ROOM	DRIVE TO DELHI & FLIGHT TO VARANASI (240 KMS, 4 HRS) (6E 6649, 14:00 - 15:20 HRS) OR TRAIN: VANDE BHARAT EXP (06:00 - 13:00 HRS)	B
17 NOV'26, TUE	IN VARANASI			-	B & L
18 NOV'26, WED	VARANASI – RISHIKESH	TAJ ARAVALLI RESORT & SPA	SUPERIOR ROOM	FLIGHT TO DEHRADUN VIA DELHI (6E 2321, 13:00 - 14:35 HRS & 6E 6574, 17:10 - 17:55 HRS) & DRIVE TO RISHIKESH (45 MINS)	B
19 NOV'26, THU	IN RISHIKESH			-	B
20 NOV'26, FRI	IN RISHIKESH			-	B
21 NOV'26, SAT	IN RISHIKESH			-	B
22 NOV'26, SUN	IN RISHIKESH			-	B
23 NOV'26, MON	RISHIKESH – DELHI			PRIDE PLAZA HOTEL AEROCITY	DELUXE ROOM
24 NOV'26, TUE	DEPART DELHI	-	-	FLIGHT (TBA)	B

Destination:

India, Asia

Weather



12°C to 30°C

Expect pleasant, dry days with comfortable sunshine and cooler mornings and evenings. Light layers are recommended, especially for early morning visits in Agra and Varanasi, and for evenings in Rishikesh.

Emergency Contact Information:

Swati Chandra
Swati@eastboundgroup.com
+91 9811108602

Travel Essentials:

- Original Passport
- Indian Visa
- Travel Insurance Details
- Personal Medication
- A Few Local Currency Notes (for small purchases or tips)
- Mosquito Repellents
- Sunscreen Lotion
- Hats & Sunglasses
- Binoculars & Cameras
- Comfortable Walking Shoes
- Layered clothing

Notes:

DETAILED ITINERARY

10 Nov'26, Tuesday

Arrive Delhi

Upon arrival at Delhi International Airport, you will be warmly welcomed by our representative as you exit the arrival terminal, after completing customs, immigration, and baggage formalities. You will then be assisted with your private transfer to the hotel in New Delhi for check-in.

As you drive into the city, you will begin to notice the many layers that define India's capital. Delhi is not just one city but several, built and rebuilt over centuries by different dynasties. Ancient Mughal domes rise in the distance, colonial-era avenues open into wide ceremonial boulevards, and modern districts reflect the pulse of a fast-growing nation. It is a place where history is not preserved behind glass but woven into everyday life.

The remainder of the day is kept at leisure to help you ease into the journey. After a long international flight, this quiet time allows you to rest, adjust to the time zone, and settle comfortably into your surroundings. If you arrive earlier in the day and feel up to it, you may take a gentle walk around the neighborhood to get your first impressions of the city's atmosphere.

Overnight: The Surya, Delhi (Run of the House)

Meals: No Meals



11 Nov'26, Wednesday

In Delhi

After breakfast at 09:00 hours, set out on a full-day guided tour of Delhi, exploring both the historic heart of the city and its grand imperial avenues.

Begin with New Delhi, designed by the British in the early 20th century. Drive along wide boulevards past India Gate, the President's House, and Parliament House, reflecting the city's colonial legacy. Visit Humayun's Tomb, a UNESCO World Heritage Site and an early masterpiece of Mughal garden architecture, often regarded as the architectural inspiration for the Taj Mahal. Conclude at Qutub Minar, another UNESCO-listed monument, whose soaring minaret marks the beginning of Indo-Islamic architecture in India.

The tour then shifts to Old Delhi with a visit to Jama Masjid, one of the largest mosques in India and an enduring symbol of Mughal architecture. From its courtyard, the views stretch across the tightly packed rooftops of the old city. Continue with a traditional rickshaw ride through the vibrant lanes of Chandni Chowk, where spice markets, textile shops, and centuries-old trading houses create a lively and immersive atmosphere. Drive past the imposing Red Fort, whose massive sandstone walls once enclosed the Mughal court.

Return to the hotel in the late afternoon. The evening is at leisure.

Overnight: The Surya, Delhi (Run of the House)

Meals: Breakfast



12 Nov'26, Thursday

Delhi – Jaipur

After breakfast at 09:00 hours, depart by surface for Jaipur, the capital of Rajasthan and famously known as the Pink City. The drive takes you through the plains of northern India, offering glimpses of rural landscapes, small towns, and roadside life along the way. Founded in 1727 by Maharaja Sawai Jai Singh II, Jaipur was one of India's earliest planned cities. Its broad avenues, orderly bazaars, and distinctive pink-hued buildings reflect a blend of Rajput tradition and thoughtful urban design.

Upon arrival, check in at your hotel and take time to relax. The remainder of the evening is at leisure. You may choose to unwind at the hotel or explore the nearby markets, known for textiles, gemstones, handicrafts, and traditional Rajasthani crafts.

Overnight: The Hilton, Jaipur (Guest Room)

Meals: Breakfast

13 Nov'26, Friday

In Jaipur

After breakfast at 08:30 hours, begin your exploration of Jaipur with a visit to the majestic Amber Fort, located just outside the city. Set atop a rugged hill overlooking Maota Lake, the fort is a striking example of Rajput architecture, blending defensive strength with delicate artistry. Ascend to the fort by jeep and explore its courtyards, mirrored halls, and intricately decorated chambers that once housed royalty.

Return to the city to visit the City Palace, a beautiful complex of courtyards, pavilions, and royal residences that still serves as the home of Jaipur's erstwhile royal family. Nearby, explore Jantar Mantar, the 18th-century astronomical observatory built by Maharaja Jai Singh II, featuring large-scale instruments designed to measure time and celestial movements with remarkable precision.

Conclude with a photo stop at the iconic Hawa Mahal, or Palace of Winds, whose distinctive façade of latticed windows allowed royal women to observe street festivities unseen.

Return to the hotel in the late afternoon. The evening is at leisure for relaxation or independent exploration.

Overnight: The Hilton, Jaipur (Guest Room)

Meals: Breakfast



14 Nov'26, Saturday

Jaipur – Agra

After breakfast at 08:30 hours , depart by road for Agra. En route, stop to visit Fatehpur Sikri, the former capital of Emperor Akbar's Mughal empire. Built in the 16th century and later abandoned due to water shortages, this UNESCO World Heritage Site remains remarkably preserved. Walk through its grand courtyards, audience halls, and elegant palaces, including the Buland Darwaza, one of the tallest gateways in the world. The red sandstone architecture reflects a harmonious blend of Persian, Islamic, and Indian design influences.

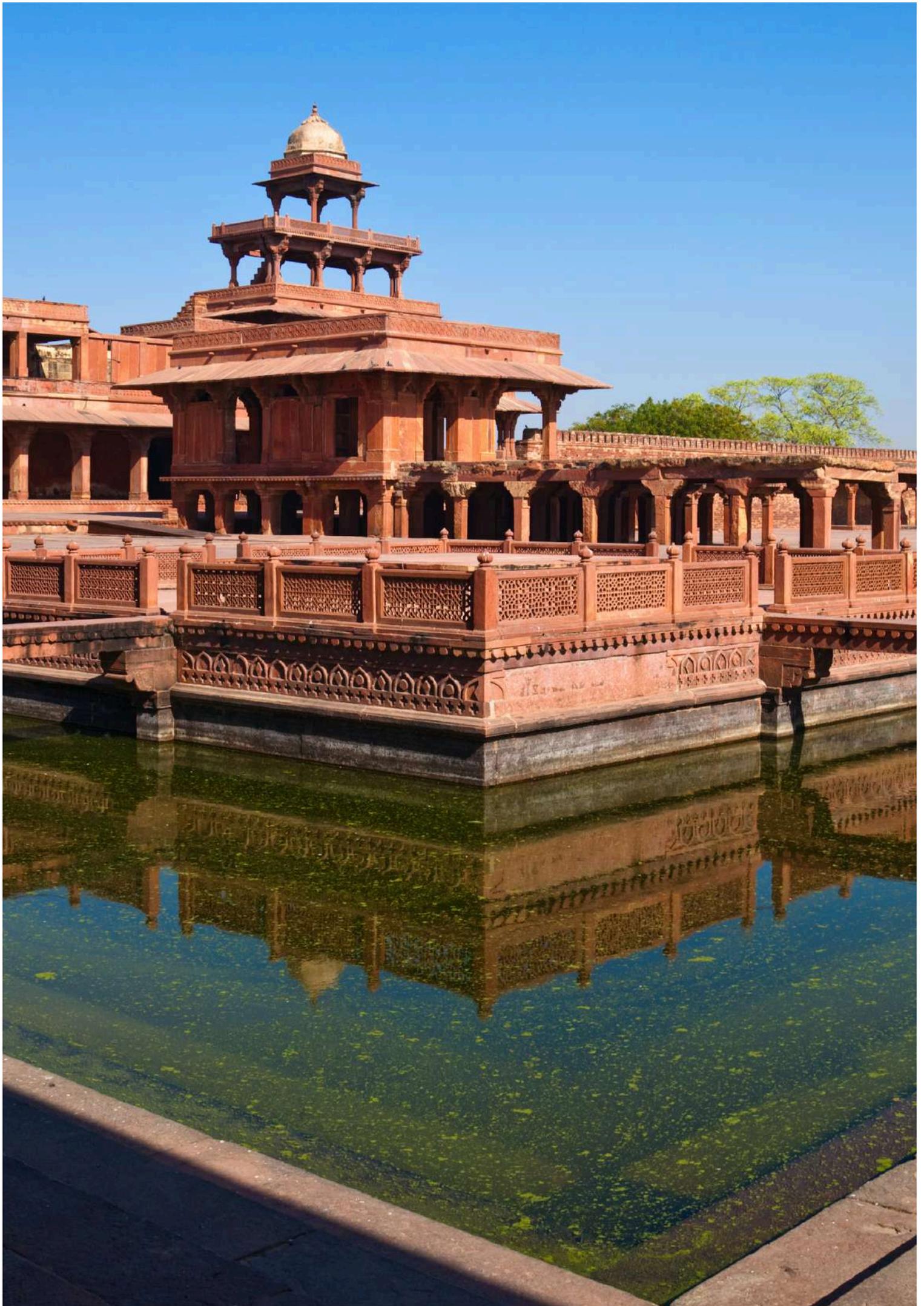
Continue your drive onward to Agra, once the flourishing capital of the Mughal Empire and home to some of India's most celebrated monuments. Upon arrival, check in at your hotel.

Note:

- *Visit to Fatehpur Sikri: Guest are taken to the Parking lot from where they board the battery buses/ Golf Cart (Subject to availability) They are run by the Tourism authority. No private transfer, they are on sharing basis. Vehicle are not in their best of conditions.*
- *When Guest Visit Sheikh Salim Chishti's Dargah guest have to take off their shoes and walk barefoot before they enter the premises. Would recommend guest wear socks as during the day temperature can be hot so guest can protect their feet.*
- *If guests are wearing shorts / they are given a wraparound to cover their legs*

Overnight: Taj, Agra (Deluxe Room)

Meals: Breakfast



15 Nov'26, Sunday

In Agra

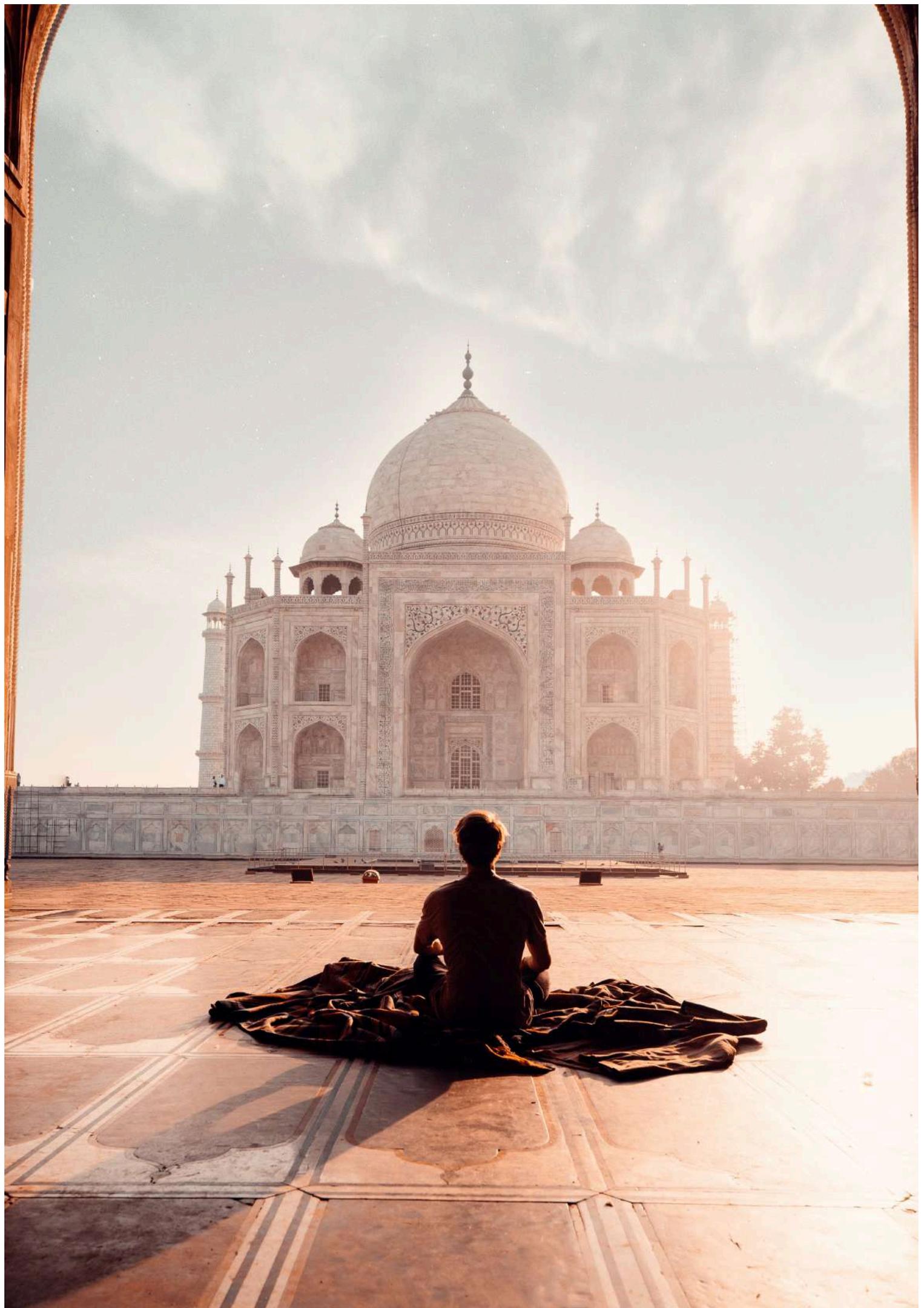
Early this morning, visit the magnificent Taj Mahal at sunrise. Built by Emperor Shah Jahan in memory of his wife Mumtaz Mahal, this white marble masterpiece is widely regarded as the finest example of Mughal architecture. As the first light of day reflects off its surface, the monument reveals subtle shifts in color, creating a serene and unforgettable experience. Your guide will share the story behind its construction, symbolism, and intricate craftsmanship, from inlaid semi-precious stones to perfectly balanced symmetry.

Return to the hotel for breakfast. Later, visit the imposing Agra Fort, a UNESCO World Heritage Site that served as the main residence of the Mughal emperors. Within its massive red sandstone walls lie elegant palaces, audience halls, and mosques that reflect the power and refinement of the empire.

Continue to Itmad-ud-Daulah, often referred to as the “Baby Taj.” This delicate marble tomb is considered a precursor to the Taj Mahal and is admired for its intricate pietra dura inlay work and tranquil riverside setting.

Overnight: Taj, Agra (Deluxe Room)

Meals: Breakfast



16 Nov'26, Monday

Agra – Varanasi

At 08:00 am pick up from hotel for your drive to Delhi (240 kms / approx. 4.5 hrs) to take the flight to Varanasi. Upon arrival, you will be met and assisted with your transfer to the hotel for check-in.

Option 2: Pick up at 05:00 am & transfer to Agra Cantt. station for your train to Varanasi. Upon arrival in Varanasi, you will be met and transferred to your hotel for check-in.

Varanasi, one of the world's oldest continuously inhabited cities, is considered the spiritual heart of India. Situated along the banks of the sacred River Ganges, it is a place where faith, ritual, and daily life blend seamlessly.

In the evening, proceed to the riverfront to witness the Ganga Aarti ceremony at the ghats. As priests perform synchronized rituals with oil lamps, incense, and chanting, the atmosphere fills with devotion and energy. The sight of hundreds of flickering lamps reflected on the river creates a deeply moving experience and offers a powerful introduction to the spiritual essence of the city.

Note: If the flight option is picked, the evening Aarti in Varanasi is not feasible; the same will be organized the following evening.

Overnight: Taj Ganges, Varanasi (Superior Room)

Meals: Breakfast



17 Nov'26, Tuesday

In Varanasi

Early this morning, proceed to the ghats for a sunrise boat ride on the River Ganges. As dawn breaks, the riverfront slowly comes alive with pilgrims offering prayers, priests performing rituals, and locals beginning their daily routines. The soft morning light over the water and the chants along the steps create a powerful and contemplative atmosphere, offering an intimate glimpse into one of the world's oldest living traditions.

Return to the hotel for breakfast. Later, drive to Sarnath, one of the most important Buddhist pilgrimage sites in the world. It was here that Lord Buddha delivered his first sermon after attaining enlightenment. Visit the Dhamek Stupa and explore the archaeological remains and museum that trace the spread of Buddhism across Asia.

In the afternoon, return to Varanasi and enjoy time at leisure to explore the narrow lanes of the old city, visit local temples, or simply absorb the atmosphere of this sacred city at your own pace.

Overnight: Taj Ganges, Varanasi (Superior Room)

Meals: Breakfast & Lunch (At a local restaurant)

18 Nov'26, Wednesday

Varanasi – Rishikesh

After breakfast, transfer to the airport to board your flight to Dehradun via Delhi. Upon arrival at Dehradun Airport, continue by surface to Rishikesh, located along the banks of the Ganges at the foothills of the Himalayas.

Often referred to as the Yoga Capital of the World, Rishikesh has long been a center for spiritual learning, meditation, and reflection. The town's setting, with forested hills and the steady flow of the river, offers a noticeable shift in pace from the intensity of Varanasi.

Upon arrival, check in at your hotel and take time to settle in. The remainder of the day is at leisure to relax and enjoy the serene surroundings.

Overnight: Taj Aravalli Resort & Spa, Rishikesh (Superior Room)

Meals: Breakfast



19 Nov'26, Thursday

In Rishikesh

Before breakfast, enjoy a complimentary 1-hour group yoga session with other guests at the hotel. Led by an experienced instructor, the session focuses on gentle stretches, breathwork, and mindful movement, offering a calm and energising start to the day.

After breakfast, begin your exploration of Rishikesh, a town deeply associated with spirituality and the Ganges.

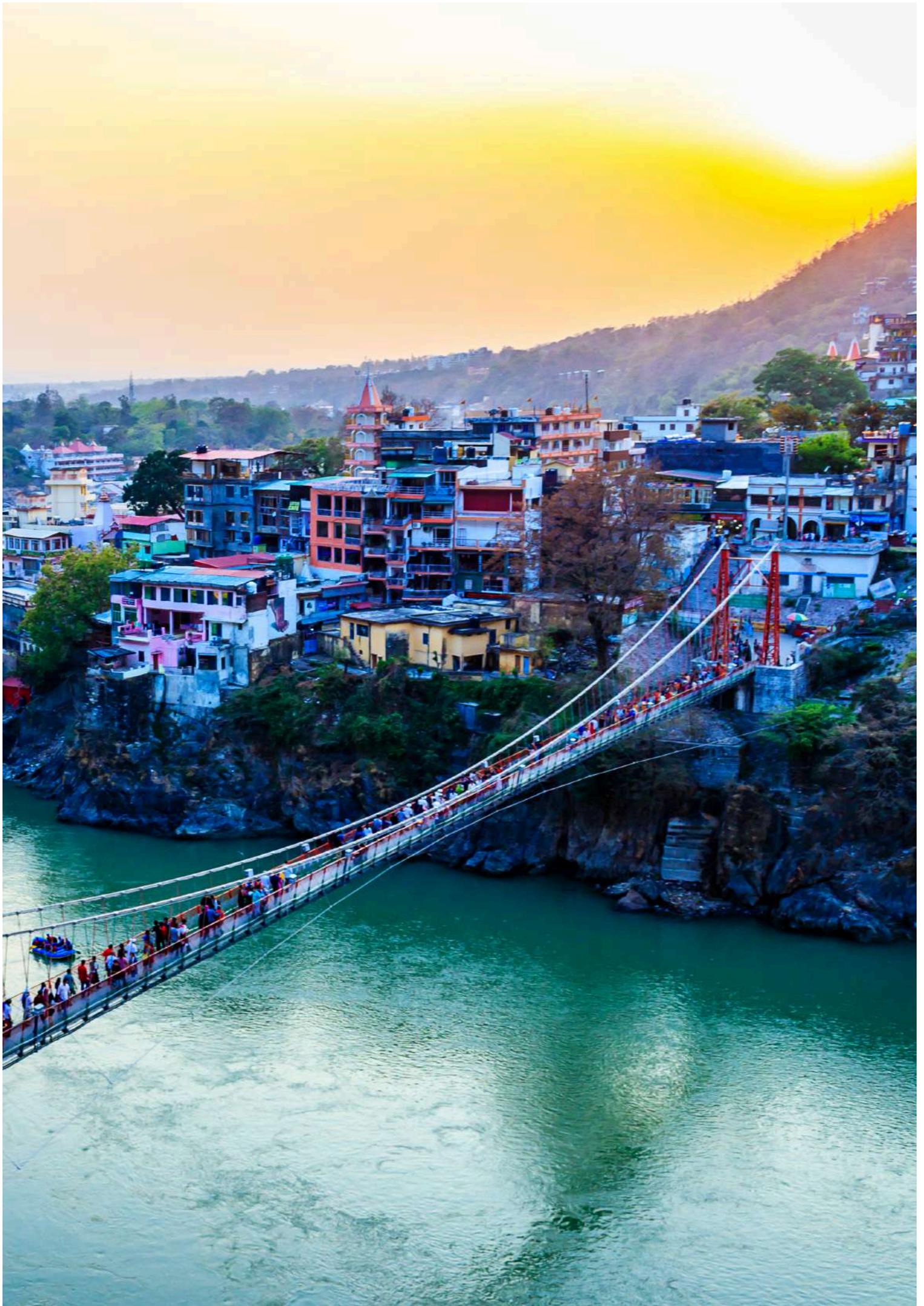
Visit the iconic suspension bridges of Ram Jhula and Lakshman Jhula, which span the river and connect various temples and ashrams on either side. As you walk across, take in views of the flowing Ganges and the surrounding hills.

Continue to Parmarth Niketan, one of the largest ashrams in the area and a respected center for yoga and spiritual teachings. The tranquil campus and riverside setting offer insight into the town's contemplative character.

In the evening, attend the Ganga Aarti ceremony at Parmarth Niketan. Set against the backdrop of the river and the fading light, the ritual is peaceful and intimate, creating a reflective close to the day.

Overnight: Taj Aravalli Resort & Spa, Rishikesh (Superior Room)

Meals: Breakfast



20 to 22 Nov'26, Friday to Sunday

In Rishikesh

Participate in a guided yoga session led by an experienced instructor. Practiced within the calm setting of your hotel, the session focuses on gentle stretches, breathing techniques, and mindful awareness, suitable for all levels. It offers a meaningful introduction to India's ancient wellness traditions.

After breakfast, the remainder of the day is at leisure. You may choose to relax at the hotel, take a quiet walk along the river, visit a local café, or spend time in personal reflection. Rishikesh's peaceful environment encourages a slower pace and deeper connection with the surroundings.

Overnight: Taj Aravalli Resort & Spa, Rishikesh (Superior Room)

Meals: Breakfast

23 Nov'26, Monday

Rishikesh – Delhi

After breakfast, depart to Haridwar station for your train to Delhi..

Upon arrival in Delhi, check in at your hotel. The remainder of the day is at leisure for last-minute shopping or relaxation. You may choose to visit a nearby market or simply unwind at the hotel after the journey.

Overnight: Pride Plaza Hotel Aerocity, Delhi (Deluxe Room)

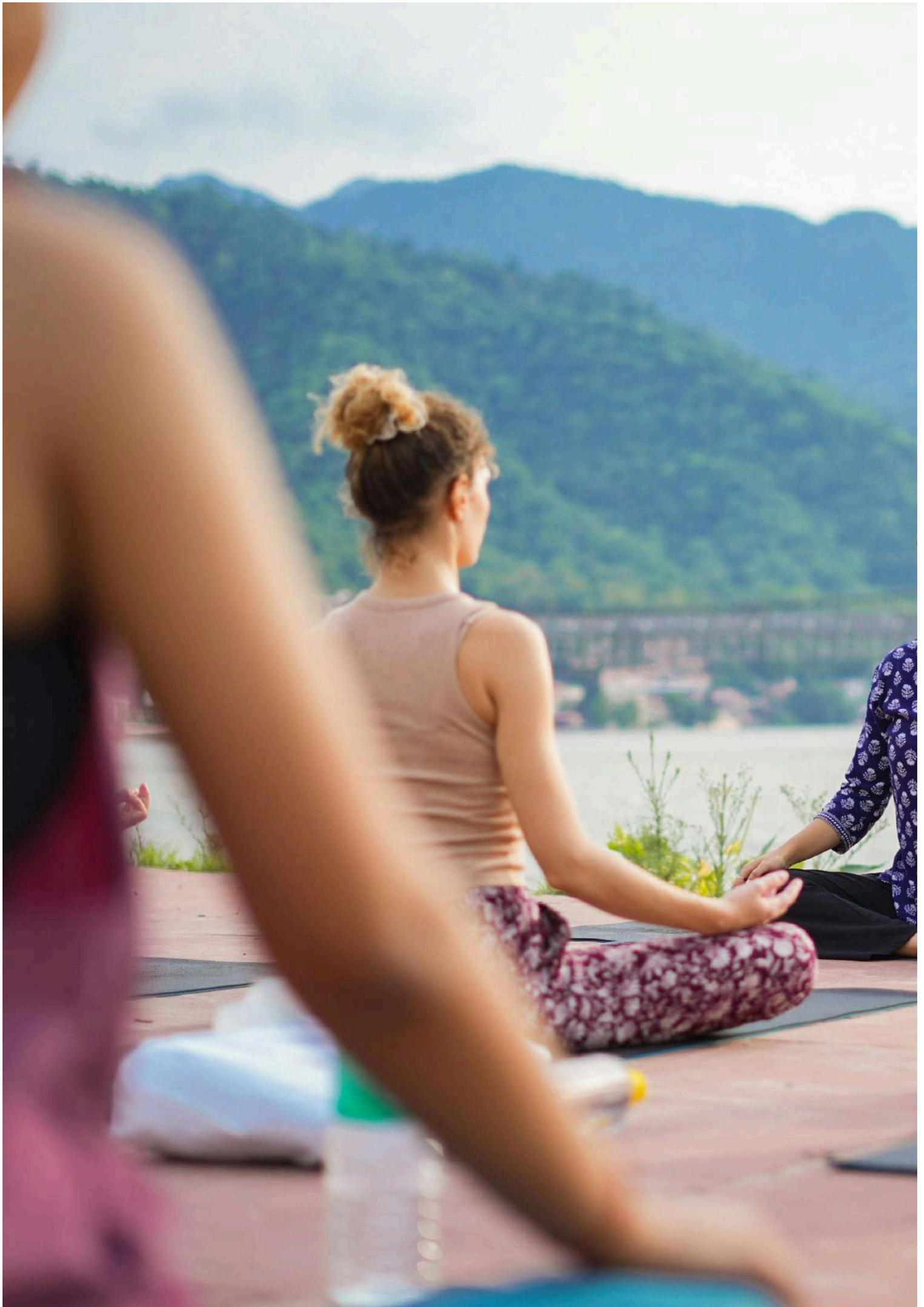
Meals: Breakfast

24 Nov'26, Tuesday

Depart Delhi

After breakfast, you will be assisted with your transfer to Delhi International Airport for your onward flight. Our representative will support you with departure formalities. As your journey concludes, you leave with memories of North India's layered history, architectural masterpieces, sacred rituals along the Ganges, & moments of quiet reflection in the Himalayan foothills.

END OF OUR SERVICES



Inclusions

- 14 nights' accommodation on Double Occupancy as per the hotels mentioned above
- Accommodation on a bed & breakfast basis plus 1 lunch at a local restaurant in Varanasi
- All transfers, excursions and sightseeing tours will be by air-conditioned vehicle- + 1 Mini Coach (18-seater) and 15 + Large Coach (35-seater)
- In Rishikesh, transport services will be provided by Mini Coach (27-seater)
- Entrances in all the monuments (1 visit)
- Visit to AMER fort from the parking lot up to the Fort by Jeeps (4 guests per jeep)
- Road taxes, parking fees, fuel charges & interstate taxes
- Services of an accompanying English-speaking Escort from arrival in Delhi on 10th Nov'26 till Delhi airport drop on 16th Nov'26, staying in different hotels
- In Varanasi separate English guide will be provided
- Train fare in air-conditioned executive chair car class on sector – Agra – Varanasi & Haridwar to Delhi.
- Eastbound Representative for assistance on all arrival and departure transfers at the airport
- Mineral water will be given to the clients during sightseeing/ long drives.
- Porterage at the hotel during check-in/check-out
- Porterage at the airport & train station.
- All currently applicable taxes as on date

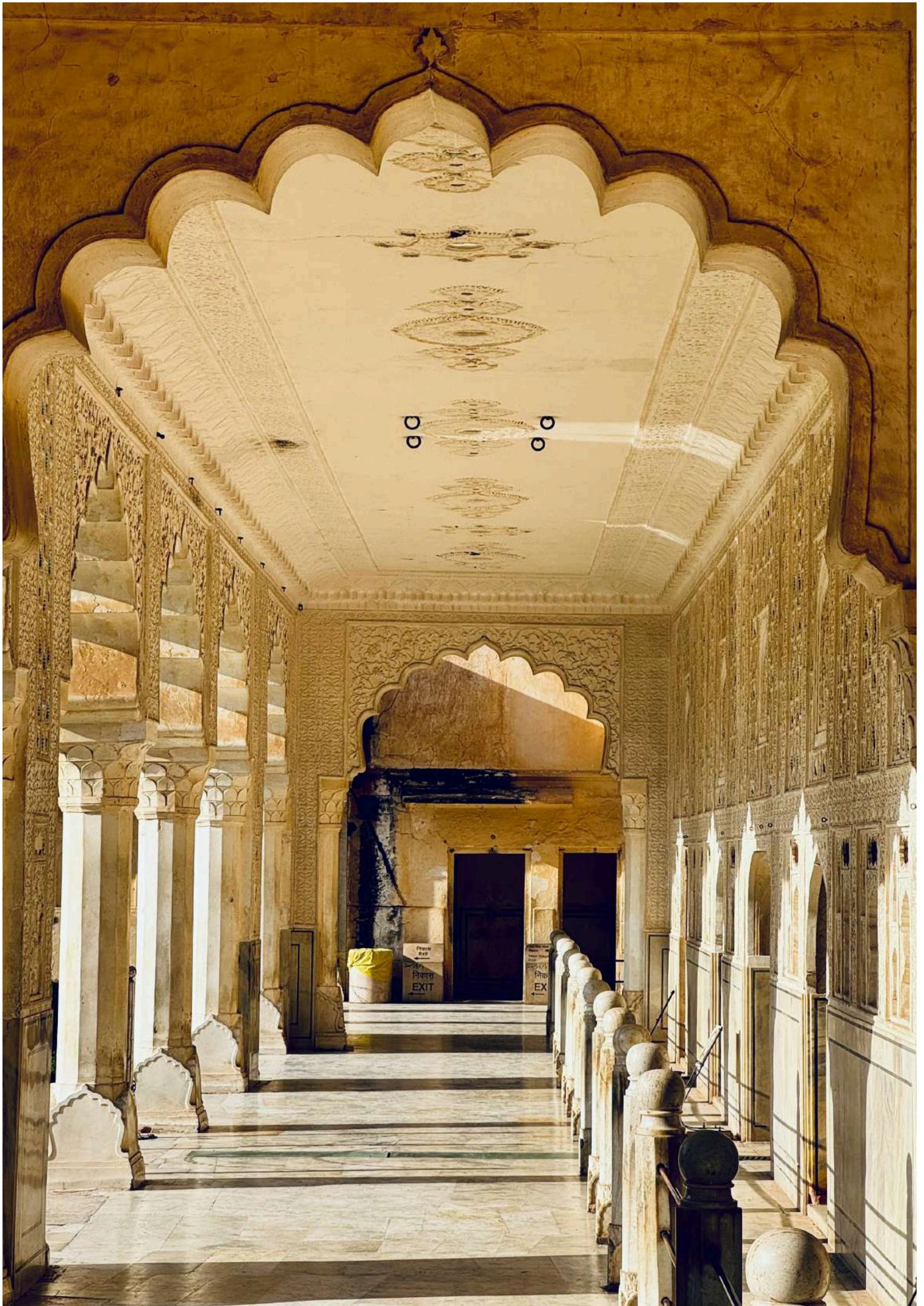
Exclusions

- Expense of personal nature like laundry, and telephone/fax calls, alcoholic or non-alcoholic beverages including mineral water during meals, professional camera/video camera fee at monuments & medical expenses.
- Tipping to driver/helper & escort
- International air ticket / Visa
- Domestic Flight fare, quoted separately

Notes

Taj Rishikesh Resort & Spa

- Has 6 treatment rooms. Guests can choose the therapy from the Menu & book & pay directly at the resort.
- The hotel organises complimentary yoga for in-house guests for 1 hour from 0830 – 0930 am



shanti  yoga

